



Ark Boulton Lunch Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Brunch Friday
Meaty Mains	Fresh Parsley Lemon Battered Fish	Minced Beef Lasagne	Italian Chicken with Herby Tomato Sauce Topped with Cheese Crumble	Creamy Chicken & Leek Country Style Pie	Assorted Baguettes, Sub Rolls, Sandwiches
Veggie Mains	Quorn & Pepper Jalfrezi Curry	Roasted Vegetables & Butter Bean Lasagne	Italian Quorn with Herby Tomato Sauce Topped with Cheese Crumble	Sliced Potato, Pepper & Spring Onion Cheese Sauce Bake	Pasta & Salad Pots
Sides	Chips Steamed Rice Mushy Peas Sweet Corn Salad Bar	Garlic Bread Roast Root Vegetables Garden Peas Salad Bar	Savoury Rice Cauliflower, Broccoli & Carrot Mix Salad Bar	Herby Roasted New Potatoes Peas & Carrots Salad Bar	Hot Sub Roll Chicken or Cheese, Pepper & Onion Burger Chicken or Vegetable
Desserts	Chocolate Cracknel	Apple & Peach Pastry Puff	Jam Coconut Sponge	Raspberry & Strawberry Layer Cake	Dessert Choice
Fruit & Yoghurt	Fruit, Fruit Pots, Jelly, Trifle, Yoghurts and Daily Pudding Choice				
Price	£2.20 Fixed Price Adult Price £2.64 (including VAT) Main course and side dishes Plus Dessert & Drink. Water available free of charge.				