



## Ark Boulton Lunch Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Meaty Mains	Cajun Chicken Leg	Beef Bolognaise	Roast Lamb with Mint Stuffing Or Jumbo Sausage	Fresh Battered Parsley Lemon Fish  Smoked Mackerel	Assorted Baguettes, Sub Rolls, Sandwiches
Veggie Mains	Roasted Vegetable Fajita Wrap	Quorn Mince Bolognaise	Chinese Vegetable Noodle Stir Fry	Cheese & Potato Bake With Petit Pan	Pasta & Salad Pots
Sides	Spiced Wedges Peas & Corn Salad Bar	Spaghetti Green Beans Sliced Carrots Salad Bar	Roast Potatoes Cauliflower & Broccoli Minted Gravy Salad Bar	Carrot & Potato Mash Peas & Corn Parsley Sauce Salad Bar	<b>Hot</b> Panini Chicken or Cheese & Tomato or Burger Beef Topped with Cheese or Onion Bhaji Topped with Cheese
Desserts	Short Bread Topped with Icing	Apple & Cherry Crumble	Lemon Curd Sponge	Peach Melba	Dessert Choice
Fruit & Yoghurt	Fruit, Fruit Pots, Jelly, Trifle, Yoghurts and Daily Pudding Choice				
Price	<p>£2.20 Fixed Price            Adult Price £2.64 (including VAT)            Main course and side dishes            Plus Dessert &amp; fruit juice.            Water available free of charge</p>				