

“It takes a whole community, to bring up a child”



Ark Boulton Academy



7th November, 2022

Dear Parents/Carers,

Personal Development Programme

You will be aware that, as a part of your child’s educational experience at Ark Boulton Academy, we aim to promote wellbeing and development through our Personal Development Programme (PDP). This gives our young people the knowledge, understanding, attitudes and practical skills to become happy and well-rounded individuals. We aim for all our students to know how to deal with the challenges of the modern world, be informed about how to keep themselves safe and healthy and have good relationships with others.

From September 2020 the Department for Education made Relationships Sex Education and Health Education compulsory in all schools. This guidance focuses on healthy relationships and keeping children safe. It also covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships. Learning about the emotional, social and physical aspects of growing up. It gives young people the information, skills and positive values to have safe, fulfilling relationships and will help them take responsibility for their own well-being. As you would expect, all lessons are age-appropriate and meet the needs of all pupils in the class. Indeed, this guidance forms part of our school’s PDP curriculum time which is taught throughout the school in every year group by your child’s form teacher on a weekly basis. It will be monitored and reviewed regularly by staff.

For more details about Relationships Sex Education and Health Education please visit the school’s website: [Our policies | Ark Boulton Academy](#)

I would also like to take this opportunity to highlight that today’s children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline. This presents many positive and exciting opportunities, but also challenges and risks. In this environment, children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way’. (See www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education)

Finally, I would like to reassure you that all teaching will take place in a safe learning environment and be underpinned by our school ethos and values. A variety of opportunities will be provided for students to ask questions to further their understanding and to find out more about what affects them personally.

We also strongly encourage parents to discuss your child’s experience with them following their personal development lessons. We welcome feedback on how we can support your child’s personal development further. If you wish to discuss any aspects of our curriculum, please feel free to attend the Parent Drop-In Clinic that takes place every Friday morning between 8.55 am-9.50 am. Here, you will be able to meet with the senior leaders who have designed the programme and discuss further.

Yours faithfully,

N Munawar
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“Growing together, reaching higher”